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THE NATIONAL ANTHEM

*Arise, O compatriots, Nigeria's call obey
To serve our fatherland
With love and strength and faith
The labor of our heroes past
Shall never be in vain
To serve with heart and might
One nation bound in freedom, peace, and unity.*

*Oh God of creation, direct our noble cause
Guide our leaders right
Help our youth the truth to know
In love and honesty to grow
And living just and true
Great lofty heights attain
To build a nation where peace and justice shall reign.*

THE NATIONAL PLEDGE

*I pledge to Nigeria, my country
To be faithful, loyal, and honest
To serve Nigeria with all my strength
To defend her unity
And uphold her honor and glory
So help me God.*



UNIVERSITY OF PORT HARCOURT ANTHEM

*On the green low lands and swampy plains
of the New Calabar River stands
The University of Port Harcourt;
A citadel of learning and excellent education
A home of academic enthusiasts,
Searching, searching for knowledge and wisdom.
Enlightenment and self-reliance, our mission,
Our hope in the future is rooted in God alone;
The vision of our fathers shining in the stars,
Opportunities, unlimited and equal,
Our progenies citizens of the universe,
From far and near: the pride of Uniport echoes.*

Refrain:

*Unique, Unique. Unique, Uniport
Unique, Unique, Unique Uniport*

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SCHOOL OF GRADUATE STUDIES

UNIVERSITY OF PORT HARCOURT

BACKGROUND

History of the School of Graduate Studies

At its 12th Meeting held on Wednesday, 19th July, 1978, Senate considered and approved Paper No. SP 77-78/060 titled “The General Regulations for Graduate Studies”. This paved the way for the take-off of graduate training in the 1979/80 academic year. The then School of Humanities and Biological Sciences gave admission to candidates in the programmes of M.A. Comparative Literature and M.Sc. Plant Physiology and Fisheries Biology.

Initially, the graduate programmes were administered by the School (now Faculties) and the Registry. In October 1982, the School of Graduate Studies was formally established with Professor E. J. Alagoa as the first Dean, and it became necessary to streamline the procedures for the operation of graduate programmes. The General Regulations approved by Senate required each Faculty to set up Departmental Graduate Studies Committees to make recommendations regarding all matters concerning graduate programmes to its Faculty Board. Senate also established the “Higher Degrees Committee” (a Committee of the School of Graduate Studies) to “advise Senate on all matters relating to higher degrees”.

Further in 1984, the Higher Degrees Committee recommended for the approval of Senate a paper entitled “Proposals for Amendment/ Streamlining of the School of Graduate Studies” initiated by the then Dean Professor Francis A. Onofeghara. At its 68th Meeting held on 23rd May, 1984, Senate considered and approved the paper No. SP/83- 84/134, which among other things, established the Board of the School of Graduate Studies to replace the Higher Degrees Committee, and a new organizational structure for the School of Graduate Studies with effect from October 1984.

Due to the expansion in the scope of activities of the School, the Senate of the University, at its 386th meeting held on 29th August, 2012, upgraded the status of the School of Graduate Studies to College of Graduate Studies with four Graduate Schools. In 2015, at the 411th Senate meeting held on the 26th August 2015 the College reverted back to School of Graduates Studies.

Vision of the School

To be ranked among the best Graduate Schools in Africa, in the provision of quality staff, programmes and facilities and renowned for its teaching, research, innovation and knowledge transfer.

Mission of the School

To pursue academic excellence, advancement of knowledge and community service through capability development, promotion of scholarship and policy relevant researches that address the challenges of contemporary society.

Objective

To implement Senate Policy and Guidelines for the initiation, consolidation and co-ordination of innovative research, provide quality administrative support for graduate programmes, equip research laboratories in the academic departments and ensure availability of data for national development.

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Aims of the journal

Unique Journal of Medical & Health Sciences (UJMHS), a publication of the School of Graduate Studies of the University of Port Harcourt is an open peer-reviewed and open-access international journal that aims to publish original research articles, reviews and short communications, opinions and editorials in the areas of medical, pharmaceutical and allied health sciences. It accepts for review and the publication of traditional full research reports such as short communications, protocols, pilot studies and pre-protocols, etc. so far, they are novel, technically correct, and scientifically motivated. The submission of useful reports of negative research findings are acceptable for review.

Scope of the journal

Subject matters considered in this journal include studies in clinical areas like immunology, anaesthesia, cardiovascular medicine, complementary medicine, dentistry and oral medicine, pathology, toxicology, pharmacology and therapeutics, dermatology, respiratory medicine, rheumatology, drugs and medicines, ear, nose and throat/otolaryngology, emergency medicine, infectious diseases, neurology, nutrition and metabolism, obstetrics and gynaecology, endocrinology, gastroenterology, genetics, geriatric medicine, haematology, oncology, ophthalmology, paediatrics, psychiatry, radiology, renal medicine, pharmacognosy (phytochemistry), pharmaceutical microbiology and biotechnology, pharmaceuticals/pharmaceutical technology and industrial pharmacy, clinical pharmacy and management, sexual health, urology, epidemiology, ethnic studies, health policy, occupational health, medical education, legal and forensic medicine, environmental medicine and public health, medicine development and safety testing, drug legislation and safety.

Indexing

A dedicated journal indexing team is working to include all of our journals in reputed indexing services, journal evaluation services catalogue and reference citations. The Journal will be abstracted in the following services: Index Copernicus, Publons, Chemical Abstracts Service, Google Scholar, Citefactor, WorldCAT , ResearchGate, Academia, HINARI, Analytical sciences digital library

Publication Fee

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The manuscript should be written in English with a simple layout. The text should be prepared in a single column format. Bold face, italics, subscripts, superscripts etc. can be used.

The text, excluding the abstract, if required, can be divided into numbered sections with brief headings. Starting from introduction with section 1. subsections should be numbered (for example 2.1 (then 2.1.1, 2.1.2, 2.2, etc.), up to three levels.

Note:

1. Case Reports should follow the structure of Abstract, Introduction, Presentation of Case, Discussion, Conclusion, Acknowledgements, Competing Interests, Authors' Contributions, Consent (where applicable), Ethical approval (where applicable), and References plus figures and/or tables. Abstract (not more than 250 words) of the Case reports should have the following sections: Aims, Presentation of Case, Discussion and Conclusion. Only Case Reports have word limits: Papers should not exceed 2000 words, 20 references or 5 figures. Other Type of papers have no word limits.
2. Review papers may have different headings of the sections and are exempted from following these suggestions.
3. Research Papers and Short Notes should follow the structure of Abstract, Introduction, Materials and Methods, Results and Discussion, Conclusion, Acknowledgements, Competing Interests, Authors' Contributions, Consent (where applicable), Ethical approval (where applicable), and References plus figures and/or tables.)

BRIEF GUIDELINES

Title Page

The title page should contain a brief title, the name(s) of the author(s) and their affiliations. The title should be without any abbreviations, and it should enlighten the contents of the paper. All affiliations should be provided with a lower-case superscript letter just after the author's name and in front of the appropriate address.

The name of the corresponding author should be indicated along with telephone and fax numbers (with country and area code) along with the full postal address and e-mail address.

Abstract

The abstract should be concise and informative. It should not exceed 300 words in length. It should briefly describe the purpose of the work, techniques and methods used, major findings with important data and conclusions. Different sub-sections, as given below, should be used. No references should be cited in this part. Generally, non-standard abbreviations should not be used, if necessary, they should be clearly defined in the abstract, at first use.

Keywords

Immediately after the abstract, about 4-8 keywords should be given. Use of abbreviations should be avoided, only standard abbreviations, well known in the established area may be used, if appropriate. These keywords will be used for indexing.

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Non-standard abbreviations should be listed, and the full form of each abbreviation should be given in parentheses at first use in the text.

Introduction

The author(s) are required to provide factual background, a clearly defined problem, a proposed solution, a brief literature survey, the scope and justification of the work done.

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Tables should be explanatory enough to be understandable without any text reference. Double spacing should be maintained throughout the table, including table headings and footnotes. Table headings should be placed above the table. Footnotes should be placed below the table with superscript lowercase letters.

Each figure should have a caption. The caption should be concise and typed separately, not on the figure area. Figures should be self-explanatory. Information presented in the figure should not be repeated in the table. All symbols and abbreviations used in the illustrations should be defined clearly. Figure legends should be given below the figures.

Some guidelines for medical papers:

Randomized controlled trials should follow the CONSORT (Consolidated Standards of Reporting Trials) guidelines (<http://www.consort-statement.org>).

Case reports, case series, cross-sectional and other observational studies should follow the STROBE (Strengthening the Reporting of Observational Studies in Epidemiology) guidelines (<http://www.strobe-statement.org>). If the detailed methods are explicitly stated in the manuscript for single case studies, STROBE may be avoided.

Authors producing systematic reviews and meta-analyses should follow the PRISMA (Preferred

Reporting Items for Systematic Reviews and Meta-Analyses) guidelines (<http://www.prisma-statement.org>).

Results & Discussion

Results should be clearly described in a concise manner. Results for different parameters should be described under subheadings or in a separate paragraph. Table or figure numbers should be mentioned in parentheses for better understanding.

The discussion should not repeat the results but provide a detailed interpretation of the data. This should interpret the significance of the findings of the work. Citations should be given in support of the findings. The results and discussion part can also be described as separate, if appropriate.

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Guideline for Reporting P values:

P is always italicized and capitalized.

- i) Correct expression: ($P = .05$). Wrong Expression: ($P < .05$) unless $P < .001$.
- ii) The *P* value should be expressed to 2 digits whether or not it is significant. If $P < .01$, it should be expressed to 3 digits.
- iii) When rounding, 3 digits is acceptable if rounding would change the significance of a value (eg, $P = .049$ rounded to $.05$).
- iv) Expressing *P* to more than 3 significant digits does not add useful information since precise *P* values with extreme results are sensitive to biases or departures from the statistical model.
- v) Reporting actual *P* values avoids this problem of interpretation. *P* values should not be listed as not significant (NS) since, for meta-analysis, the actual values are important and not providing exact *P* values is a form of incomplete reporting.
- vi) Do not use 0 before the decimal point for statistical values *P*, alpha, and beta because they cannot equal 1.

Conclusions

This should briefly state the major findings of the study.

Acknowledgements

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No manuscripts will be peer-reviewed if a statement of patient consent is not presented during submission (wherever applicable).

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Authored chapter in edited publication

Glennon RA, Dukat M. Serotonin receptors and drugs affecting serotonergic neurotransmission. In: Williams DA, Lemke TL, editors. *Foye's principles of medicinal chemistry*. 5th ed. Philadelphia: Lippincott Williams & Wilkins; 2002.

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Hugo JT, Mondal SC. Parallels between tissue repair and embryo morphogenesis: a conceptual framework. *Global Health*. 2006; 16:4. Accessed 29 March 2012. Available: <http://www.globalizationandhealth.com/content/1/1/14>.

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